

## **INSIDE JOBS**

**COACHING COMPANY**

### **LET GO**

TO LET GO does not mean to stop caring, it means I can't do it for someone else.

TO LET GO is not to cut myself off, it's the realization I can't control another.

TO LET GO is not to enable, but to allow learning from natural consequences.

TO LET GO is to admit being powerless, which means the outcome is not in my hands.

TO LET GO is not to try to change or blame another, it's to make the most of myself and let them be who they are.

TO LET GO is not to care for, but to care about.

TO LET GO is not to fix, but to be supportive.

TO LET GO is not to judge, but to allow another to be a human being.

TO LET GO is not to be in the middle arranging all the outcomes, but to allow others to affect their own destinies.

TO LET GO is not to be protective, it's to permit another to face reality.

TO LET GO is not to criticize or regulate anyone, but to try to become what I dream I can be.

TO LET GO IS TO FEAR LESS AND TO LOVE MORE.

### *Footsteps*

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